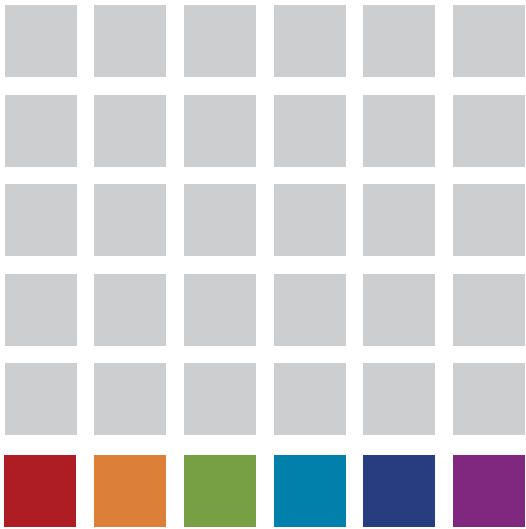


BRAND ▪ WEB ▪ WORD ▪ MARKETING ▪ MEDIA ▪ PRINT



wilson design associates

MEDIA

We like to think our work speaks for us – but more importantly we know it speaks for **you**



Steve Wilson

Helping your business to market to customers effectively

41m · 🌐

I have been a member of the Entrepreneurs Circle for several years and it has helped me get more customers and make my marketing more effective.

...see more

WIN A TESLA OR £30,000

FROM  EntrepreneursCircle

30 DAYS FREE ACCESS TO ENTREPRENEURS CIRCLE...

AND THE CHANCE TO WIN A NEW TESLA

FIND OUT MORE

BIT.LY/FF-EC-FREE





Like

Comment

Share

Send

4 views of your post in the feed

Steve Wilson

Helping your business to market to customers effectively

27m · 🌐

I have been a member of the Entrepreneurs Circle for several years and it has helped me get more customers and make my marketing more effective.

...see more

WIN A TESLA OR £30,000

30 DAYS FREE ACCESS TO ENTREPRENEURS CIRCLE... AND THE CHANCE TO WIN A TESLA!

FROM  EntrepreneursCircle



Like

Comment

This could help you and your business

No images? [Click here](#)

first friday

NETWORK

Join the Entrepreneurs Circle for a month – for FREE – and get the chance to win a Tesla!

I have been a member of the Entrepreneurs Circle for several years and it has helped me get more customers and make my marketing more effective.

The impact it's made has been massive on my business and on me – I'm always impressed by the quality of the resources and advice I get from them.

They have a new promotion to get more members and they're giving away a Tesla to encourage you to try them out!

WIN A TESLA OR £30,000

30 DAYS FREE ACCESS TO ENTREPRENEURS CIRCLE... AND THE CHANCE TO WIN A TESLA!

FROM  EntrepreneursCircle



To be in with a chance to win the car you need to take the free membership offer and you'll be entered into the prize draw. I think you could really benefit from their tools and resources.

The best bit is that we both get an entry into the draw if you sign up... PLUS the actual training and help etc is top notch – I honestly think you'll love it and want to be a full time member.

This page explains everything better than I can

Find out all about the free membership offer here

The **Step-By-Step** Guide To A Profitable Business, With Plenty Of Surplus Cash And A Rhythmic Flow Of New Customers.

Watch The Video Below To Discover Why I'm Putting My Money Where My Mouth Is(!)



first friday

WORTHING

FREE MONTHLY
BUSINESS
NETWORKING
MEETINGS

First Friday of each month from 12.30 pm
The Burlington Hotel, Marine Parade, Worthing, BN11 3QL

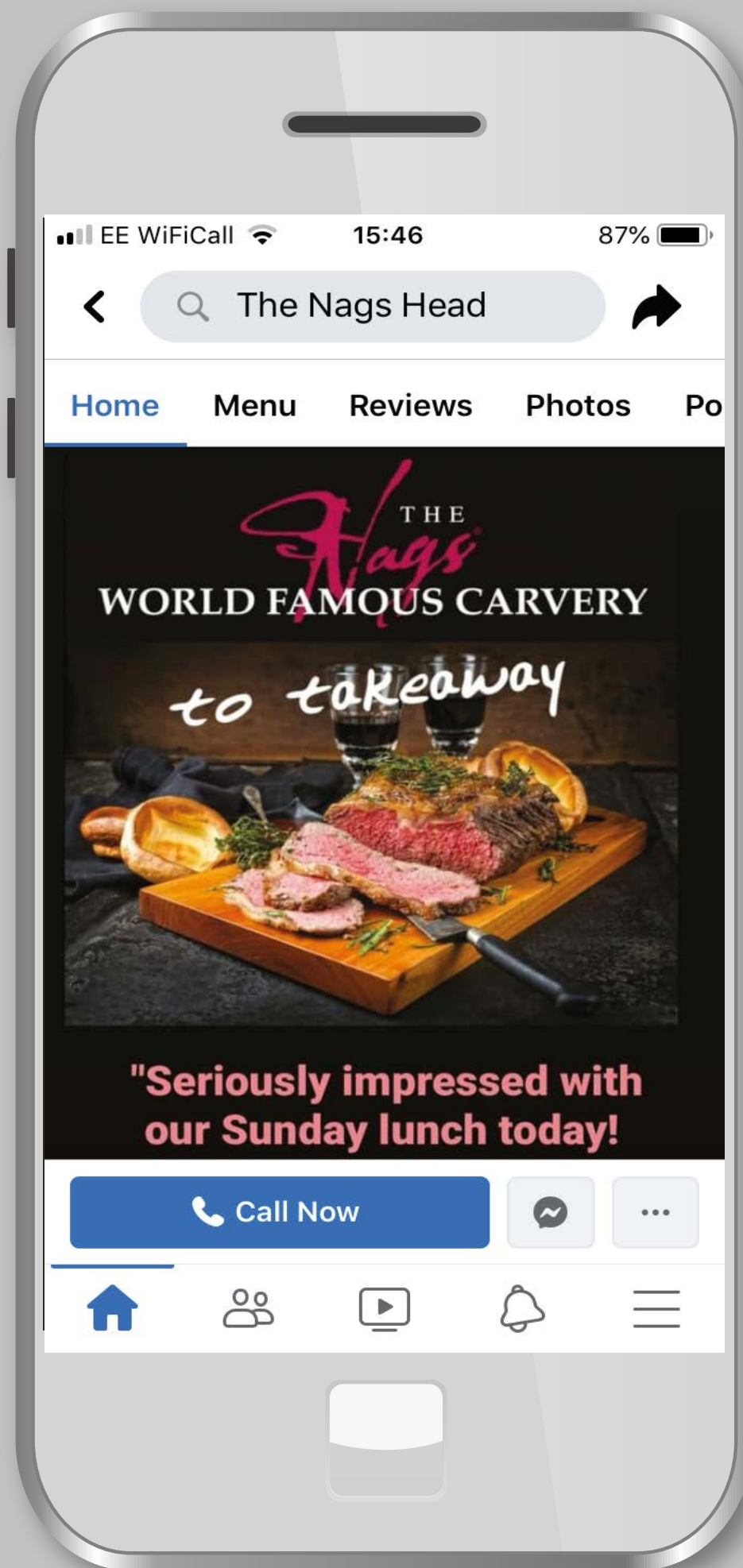
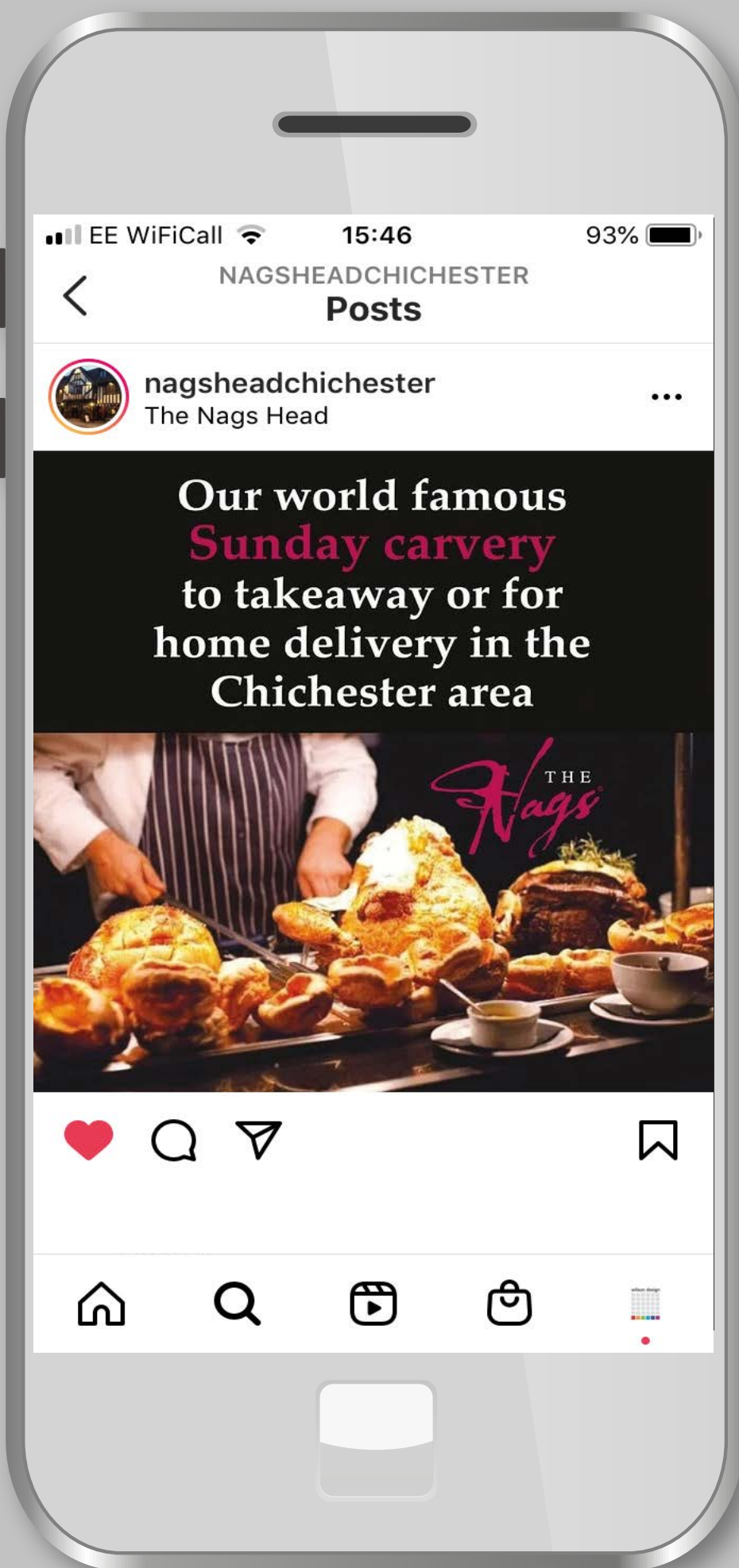
first friday WORTHING	GROW YOUR BUSINESS	FIND MORE CLIENTS	FRIDAY FROM 12.30PM
FREE NETWORK MEETINGS	90 MINUTES A MONTH	RELAXED AND FRIENDLY	NO NEED TO BOOK JUST TURN UP!

first friday

WORTHING

**THE EASIEST WAY TO
GET MORE CUSTOMERS
IN JUST 90 MINUTES A MONTH**







VANESSA LEIGH

MANICURE • PEDICURE • WAXING



THERE IS NO LIMIT
TO THE
NUMBER OF TIMES
GLASS CAN BE
RECYCLED



TOP TIP to reduce your waste



SIMPLE
SWAPS
TO **SAVE SPACE**



TOP TIP to reduce your waste



LESS SPACE
IN YOUR CUPBOARD
AND
YOUR BIN



TOP TIP to reduce your waste





Hi, it's Buzby here... get your paws on my range of Christmas goodies

No images? [Click here](#)



It's beginning to look a lot like Christmas!



Hello schnauzer friends! Christmas is just around the corner... have you got your Christmas gifts and cards ordered yet? Our suppliers are working to a seven day production schedule, so remember to allow plenty of time for your orders to be delivered, especially with the strike action being taken by Royal Mail.

Take a look at my range of **hoodies, sweatshirts and t-shirts** with my Christmas designs on them, they're just pawfect for the festive season.

There's also my **festive mugs**, available in Salt & Pepper, Silver & Black or All Black designs. Fill them with choccies and sweets to create a special gift, or treat yourself to one for your daily brew in the run up to Christmas.



**LITTERING
SAYS A LOT
ABOUT YOU!**

**BIN IT
OR GET A
£100 FINE**

 Sandwell
Metropolitan Borough Council

 serco



**LITTERING
SAYS A LOT
ABOUT YOU!**

**BIN IT
OR GET A
£100 FINE**

 Sandwell
Metropolitan Borough Council

 serco



**DO THE
RIGHT
THING**

**TAKE YOUR
RUBBISH
HOME**

 Sandwell
Metropolitan Borough Council

 serco



From: net-it <info@net-it.org>
Subject: EASTER CAMPS

[Print preview](#) [HTML](#) [Plain text](#)



[VIEW ONLINE](#) | [FORWARD TO A FRIEND](#)

[Tweet](#) [Share](#)

junior sports coaching camps with elite coaches

[Go to website](#)

[Book Online](#)

[Online Shop](#)

Contact Details

net-it
2a Princes Avenue,
Hove, Sussex, BN3 4GD

Tel: 01273 771 877
Email: info@net-it.org

www.net-it.org



[Find us on Facebook](#)

[FOLLOW US ON Twitter](#)

Easter Camps: www.net-it.org



EASTER SLEEPOVER

AT WOLDINGHAM SCHOOL, SURREY

DATES: 4th - 6th April | AGES: 6-13 YEARS | FEE: £395 (all inc.)

Come and join us for some brilliant sleepover fun this Easter!

Enjoy top quality netball coaching, rounders, swimming, games, movie night, talent show, shared dorms, yummy food, new friends, exciting tournament and so much more!

Transport available from Fulham Road to Woldingham and return

To find out more or to book
www.net-it.org • 01273 771877 • info@net-it.org



EASTER DAY CAMPS

11TH/12TH APRIL SOUTH PARK FULHAM

13TH/14TH APRIL HOLLAND PARK

AGES: 6 - 12 YEARS FEE: £120

To find out more or to book
www.net-it.org • 01273 771877 • info@net-it.org

You have received this email because you are registered with net-it. If any details change or are incorrect, you can update them by logging in to your account with your username and password at www.net-it.org/login. If you do not wish to receive these emails you can **unsubscribe** at any time.

net-it.org Ltd : Registered Office: 178 Church Road, Hove, East Sussex, BN3 2DJ.
Registered in England & Wales. No. 6085764. VAT Number: 941 0405 62

From: net-it <info@net-it.org>
Subject: SUMMER NETBALL SLEEPOVER

[Print preview](#) [HTML](#) [Plain text](#)



[VIEW ONLINE](#) | [FORWARD TO A FRIEND](#)

[Tweet](#) [Share](#)

junior sports coaching camps with elite coaches

[Go to website](#)

[Book Online](#)

[Online Shop](#)

Contact Details

net-it
2a Princes Avenue,
Hove, Sussex, BN3 4GD

Tel: 01273 771 877
Email: info@net-it.org

www.net-it.org



[Find us on Facebook](#)

[FOLLOW US ON Twitter](#)

SUMMER SLEEPOVER AT WOLDINGHAM CLICK TO BOOK NOW.....







Build skills, confidence, communication & teamwork



The net-it team's on hand to look after your every need to make it 100% FUN



SUMMER SLEEPOVER



NETBALL

AT WOLDINGHAM SCHOOL, SURREY

DATES: 11th - 13th July | AGES: 6-13 YEARS | FEE: £395 (all inc.)

Come and join us for some brilliant sleepover fun this Summer!
Enjoy top quality netball coaching, rounders, games, shared dorms, yummy food, new friends, exciting tournaments and SO much more!

Transport available from Fulham Road to Woldingham and return

To find out more or to book
www.net-it.org • 01273 771877 • info@net-it.org

[CLICK HERE TO BOOK NOW](#)

11th - 13th JULY AT WOLDINGHAM SCHOOL. SURREY

Join us this Summer for an unforgettable experience...

More than simply the best netball coaching, our sleepover gives children the confidence to explore and extend their independence while having bucketloads of fun in a supportive environment. It's a sporting Mallory Towers adventure where players are busy from wake up to bedtime:

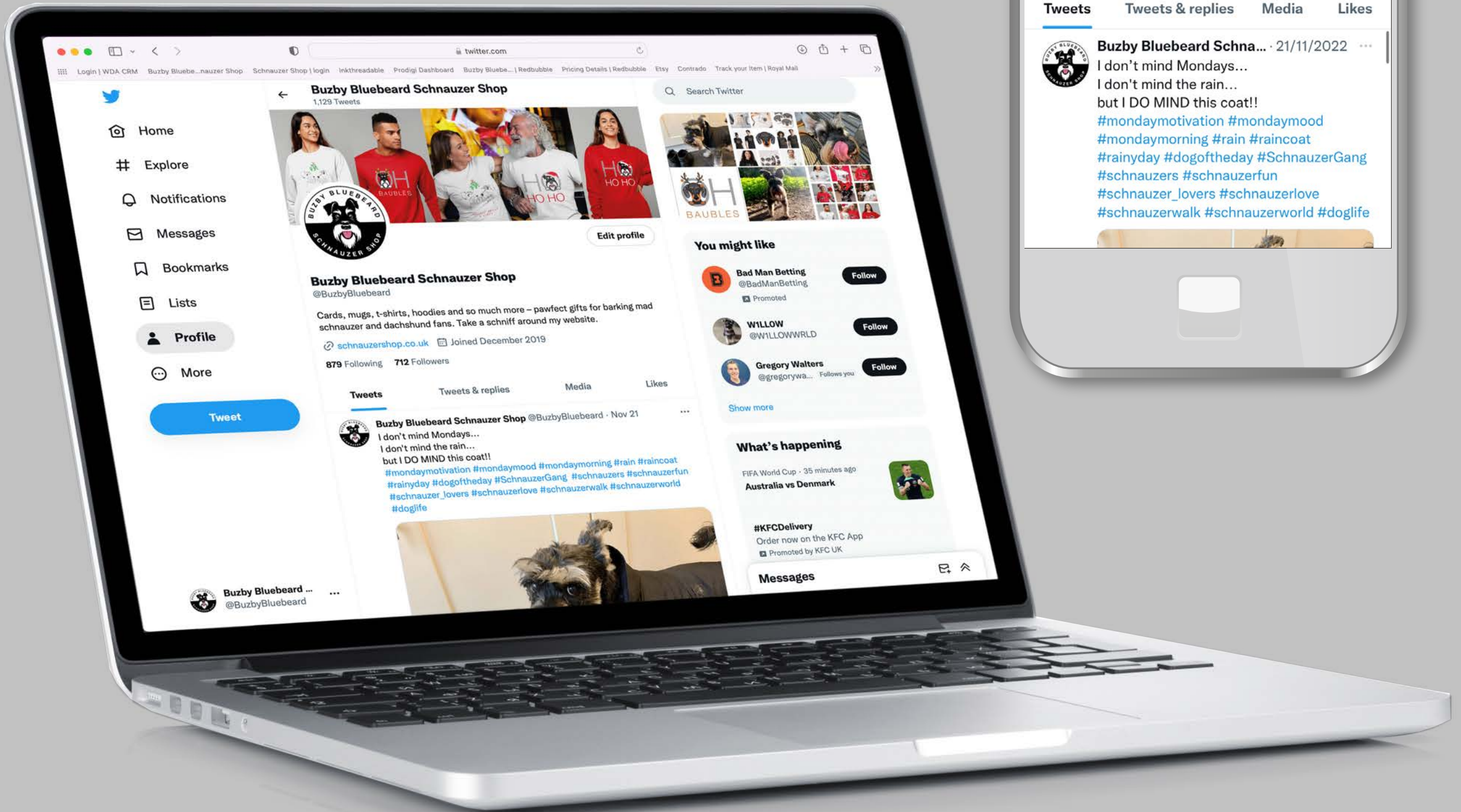
- netball, swimming, twilight rounders
- strength/conditioning, plyometrics
- team-building, competitive games
- talent show, fun challenges
- pyjama film popcorn night
- dormitory hijinks and challenges
- netball tournament
- fab food, amazing facilities
- health, fun, self-confidence

Parents can be assured of 100% net-it quality care at all times.

3 days/2 nights £395. Transport from Fulham/Woldingham available.

TO BOOK: [net-it/sleepover](#) t: 01273 771877

For a look at our recent Easter Sleepover go to our instagram saved stories: [netit1](#)



Fish & Chip Friday

Beer-battered Cod
& Home-style Chips

Large

£10

Small

£6



2 Large Cod & Chips
and a bottle of wine **£25**

Call: 02392 294491

Pay and collect • Available 5-8pm

Home delivery + £2 • Areas PO1, PO4 & PO5

Saturday Night Supper

2 x 8oz
Rump Steaks &
a bottle of wine

£25

Call: 02392 294491

Pay and collect • Available 5-8pm

Home delivery + £2 • Areas PO1, PO4 & PO5



Traditional Sunday Lunch

Beef, Pork or
half a roast Chicken

Vegetables, roast potatoes, parsnips,
Yorkshire puddings, stuffing & gravy

£10

Call: 02392 294491

Or **The Big Duke Roast** All three meats **£15**

Phone • Pay • Collect • Available 12-2.30pm





News and offers from The Backstory

No images? [Click here](#)

THE BACKSTORY

CHIROPRACTIC & POSTURAL CORRECTION CLINIC



Do you have a nagging pain that keeps coming back despite trying everything?

Is your quality of life reduced or restricted by your pain and problem?

Are you feeling older than your years?

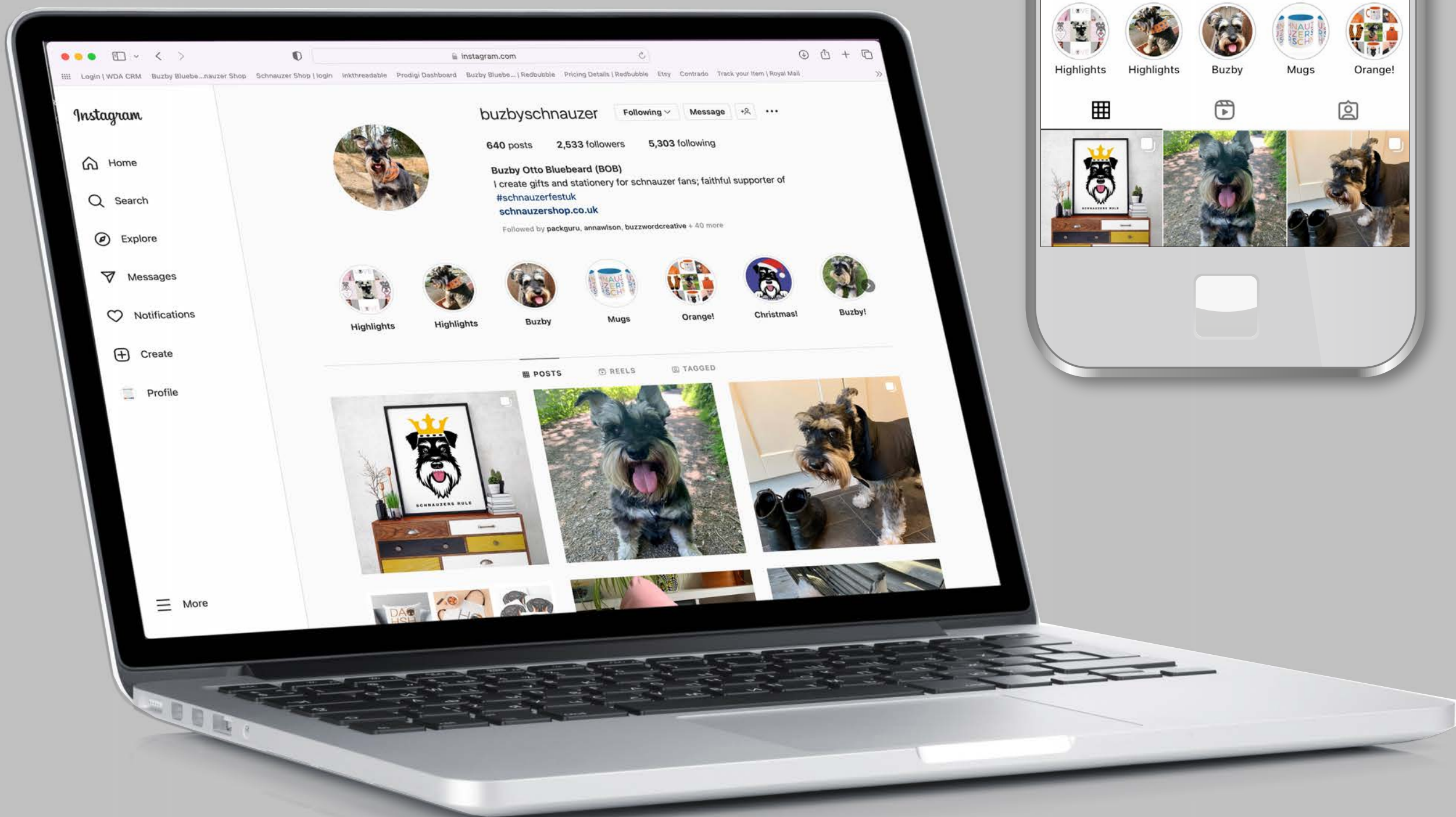
Do you want a body that will allow you to live life comfortably without pain?

Then The Backstory is just the right place for you!

We combine structural correction techniques with traditional Chiropractic methods, to provide a resolution to your pain and postural problems. If you want to get to the root of your problems rather than just gaining temporary relief, then we may just have the answer that you're looking for.

Our mission is to provide you with the treatment, tools and education to do so, while helping you to bring life back to your body, so that your body doesn't ruin your life.





From: Buzby and Blue <info@buzbyandblue.com>

Subject: Autumn newsletter

Print preview

HTML

Plain text

VIEW ONLINE | FORWARD TO A FRIEND | UPDATE PREFERENCES

28 OCTOBER 2022

Buzby and Blue

Established in 1990

AUTUMN NEWSLETTER

SHARE:

Share

Tweet

November's beauty offer

15% off our
Totally quenched and
drenched 75min facial

Keep your skin glowing this
autumn with our lavish temple
spa facial, a must for
dehydrated or neglected skin.

Normally £74/£81
Now £62.90/£68.85

offer runs 1.11.22- 30.11.22

Cosy up on our heated waterbeds while we leave
your skin feeling plumper, firmer and visibly
smoother.

This facial includes 20 minutes of specialised
lifting facial massage techniques to aid lymphatic
drainage and relieve tension in the neck and
shoulders.

We then use two face masks - firstly a cream
based anti-ageing mask and followed by our
double layer hydrating and cooling cryogenic clay
mask, with an application of the award winning
temple spa quench mask. The hot-cool
(exothermic) effect pushes active ingredients into
the skin with avocado oil to deeply hydrate, red
pepper extract to stimulate oil production and
apple and blackberry juices to detoxify and
brighten. We like to call it a facial iron for the skin.

After your pampering facial we're also offering a
luxury hot chocolate (with whipped cream and
marshmallows) to enjoy in our relaxation area.

Welcome to Harriet - Our new Beauty
Therapist

New Beauty Therapist

Harriet

HARRIET IS JOINING THE BUZBY
AND BLUE TEAM ON THE 27TH
OCTOBER

RECEIVE 25% OFF ALL SERVICES
EXCLUDING MASSAGE UNTIL
30th NOVEMBER

BOOK NOW CALL US ON 01243 531284

buzbyandblue.com

We're pleased to welcome Harriet to the Beauty
team.

Harriet has joined us from the Chichester Harbour
Hotel.

Harriet is trained in Temple Spa Facials and her
Manicures and Pedicures are out of this world!

To welcome Harriet to the team we are offering
25% off during November.

JUNIOR STYLIST
&
STYLIST

HALLOWEEN
SALE

Free money piece/face framing with
any cut and finish or blowdry with any
stylist read below for more information

From: Buzby and Blue <info@buzbyandblue.com>

Subject: [firstname,fallback= Hey,] Don't Miss Out on
Our Christmas Offers

Print preview

HTML

Plain text

VIEW ONLINE | FORWARD TO A FRIEND | UPDATE PREFERENCES

29 NOVEMBER 2022

Buzby and Blue

Established in 1990

IT'S NEARLY CHRISTMAS!

SHARE:

Share

Tweet

Make The Most of Our Christmas Offers

Christmas Opening Hours

Monday 19th December 9am-6pm
Tuesday 20th December 9am-7:30pm
Wednesday 21st December 9am-7:30pm
Thursday 22nd December 9am-6pm
Friday 23rd December 9am-6pm
Saturday 24th December Closed
Sunday 25th December Closed
Monday 26th December Closed
Tuesday 27th December Closed
Wednesday 28th December Closed
Thursday 29th December 9am-6pm
Friday 30th December 9am-6pm
Saturday 31st December Closed
Sunday 1st January Closed
Monday 2nd January Closed

With Christmas just around the corner, we wanted to remind you of our Christmas opening hours as well as our fantastic festive offers.

V2 Top Appeal

we support

V2 RADIO SUSSEX

toy appeal

KF KNIGHT

FOUNDATION LTD

Win £500 in Vouchers

Buzby and Blue

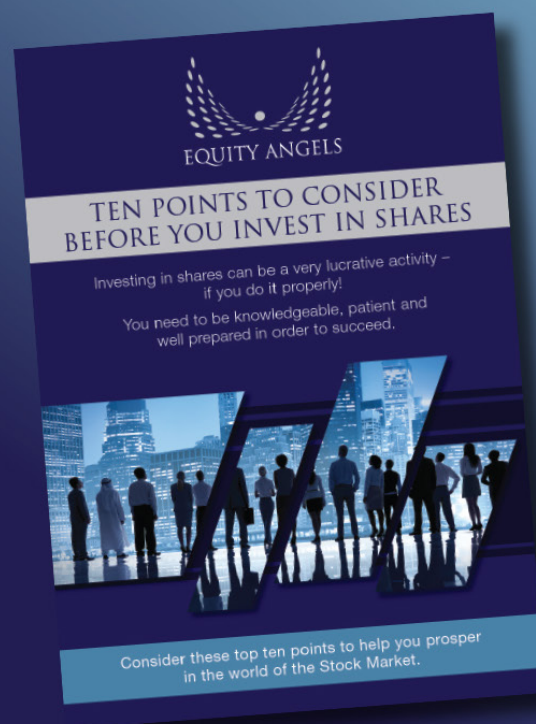
MERRY CHRISTMAS

and a magical
NEW YEAR

Win £500 in
Hair and Beauty
Vouchers This
Christmas

TEN POINTS TO CONSIDER BEFORE YOU INVEST IN SHARES

GET YOUR FREE GUIDE NOW



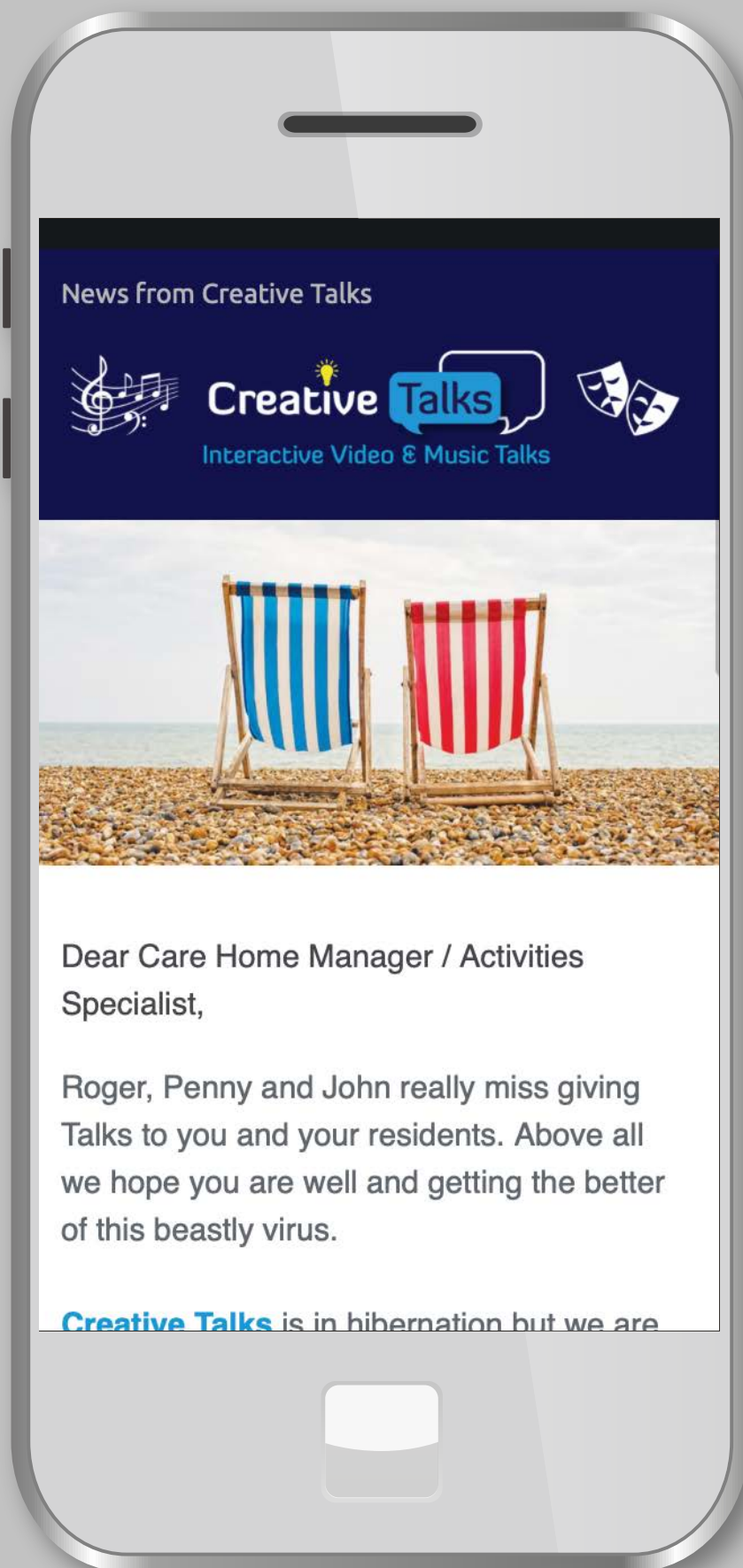
TEN POINTS TO CONSIDER BEFORE YOU INVEST IN SHARES

GET YOUR FREE GUIDE NOW

THINKING ABOUT INVESTING IN SHARES?



**GET
YOUR
FREE
GUIDE
NOW**



News from Creative Talks



Creative Talks



Interactive Video & Music Talks

News from Creative Talks



Creative Talks



Interactive Video & Music Talks



Dear Care Home Manager / Activities Specialist,

Roger, Penny and John really miss giving Talks to you and your residents. Above all we hope you are well and getting the better of this beastly virus.

Creative Talks is in hibernation but we are

Dear Care Home Manager / Activities Specialist,

Roger, Penny and John really miss giving Talks to you and your residents. Above all we hope you are well and getting the better of this beastly virus.

Creative Talks is in hibernation but we are working on new Talks for this year and 2021.

We cannot wait to get back to entertaining your residents again.

If you have a moment we would love to hear from you!

- Are there any Talks you would like us to create for your residents? Titles please.
- In order to help us plan for the future please could we ask when do you think we will be allowed back into your Home?

[Please click here to send us an email with your feedback](#)

Please take care of yourselves. We miss you, but most importantly stay well.

Best wishes

Roger & Fenella Brett
Penny Fyfe
John Christopher



LITTERING IS RUBBISH
BIN IT!

£100 fine
for dropping litter

Sandwell
Metropolitan Borough Council

KEEP SANDWELL CLEAN
TAKE YOUR RUBBISH HOME

£100 fine
for dropping litter

Sandwell
Metropolitan Borough Council

DON'T MESS UP SANDWELL
TAKE YOUR RUBBISH HOME

£100 fine
for dropping litter

Sandwell
Metropolitan Borough Council





11

BRAND ▪ WEB ▪ WORD ▪ MARKETING ▪ MEDIA ▪ PRINT

wilson design associates



T 01243 276073 E steve@wilsondesign.uk.com www.wilsondesign.uk.com